

An illustration of a child with dark skin and curly hair lying in bed, wearing blue checkered pajamas and a red blanket. The child is looking towards the viewer with a neutral expression. The room has green and blue striped wallpaper. A purple nightstand holds a red alarm clock showing 6:22, a stack of books including one titled 'SPACE & BEYOND', and a lamp with a yellow shade. On the wall, there are framed pictures of a planet, a moon, and an atomic symbol. The floor is blue and white checkered.

My Primary Care PA

Lavette Shirley Elee

**Is today the day! Today
is the day.**

**I wish I didn't have to
go.**

I just want to play.

**My daddy says I have
to.**



the wonders of Planets 🌍

80 IT MARS 🏠

**I don't understand, I
feel fine!**

Let's see:

My throat doesn't hurt.

I don't have a fever.



My ears are perfect too.

I didn't roll my ankle.

I peed and pooped.

**Exactly what are they
going to do?**



**My daddy just told me
it's time to go.**

**Well, my tummy sure
hurts now!**

**He keeps telling me it
will be okay.**

**I'm still trying to
figure out how.**



**The entire ride there,
my heart was racing
fast.**

**My palms got all
sweaty too.**

FAMILY PRACTICE

REMINDERS
① Please join @
in the study yard
as you enter
② maintain proper
public behavior at all
times inside the clinic

new
new

How to
handle
...
Energy
can be



**So, I took a deep
breath, and I walked
on in.**

**I said, Daddy, “I’ll be a
big boy for you.”**

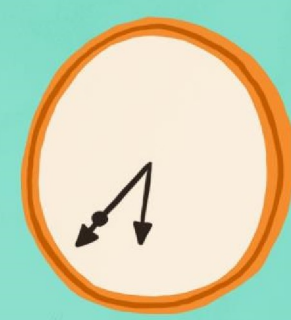


Keep my hands happy
& avoid germs
& healthy lifestyle

**The PA came in, and
the questions came
fast.**

**She checked my head,
to my toes, and even
asked about gas.**

People want to care for me &
doctors
base?
exercise daily
eat healthy
keep my mind happy
• avoid stress
• healthy lifestyle



**Just when my worries
were going away.**

**The MA came in with
some needles and a tray.**

**My daddy sat next to me,
and I squeezed his hand
tight.**

**My tummy started to
hurt again; something
doesn't feel right.**



**Then she looked me in
the eyes and said, “it’s
okay, just breathe.”**

**So, I took a deep breath
since I can’t leave.**



**She tied the band
around my arm, and I
didn't even flinch.**

**She stuck me with the
needle, and I didn't
move an inch.**



**She said I was the
bravest boy she'd met
all day.**

**I said my daddy
promised me
everything would be
okay.**



**So, I made it, I
survived, hip-hip
-hooray.**

**Next time I won't be so
scared to see my PA.**