

Personal Data:

DAYTHEON STURGES, Ph.D., MPAS, PA-C, DFAAPA, CHES®
Associate Professor of Family Medicine – Effective July 2023
Vice Chair – Justice, Equity, Diversity, and Inclusion (JEDI)
Associate Program Director – Regional Affairs, JEDI
Interim Associate Program Director – Academic Affairs
University of Washington School of Medicine
Department of Family Medicine
MEDEX Northwest

Education:

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| 2006 | Bachelor of Science (Biology) – cum laude Louisiana Tech University Ruston, Louisiana |
| 2008 | Bachelor of Science (Physician Assistant) Louisiana State University Health Sciences Center Shreveport, Louisiana |
| 2012 | Master of Physician Assistant Studies (MPAS) Louisiana State University Health Sciences Center Shreveport, Louisiana |
| 2019 | Post-Masters Certificate (Interprofessional Health Informatics) Texas Woman’s University Denton, Texas |
| 2021 | Certificate (Diversity, Equity, and Inclusion in the Workplace) University of South Florida – Muma College of Business Tampa, Florida |
| 2021 | Doctor of Philosophy (Health Studies; Higher Education) Texas Woman’s University Denton, Texas Dissertation: <i>“Perceived Burnout Among Underrepresented Minority Physician Assistant Educators in the United States”</i> – PhD Advisor: Dr. Marilyn Massey-Stokes |

Postgraduate Training: N/A

Board Certification:

- *Physician Assistant – Certified (PA-C)*
 - o National Commission on the Certification of Physician Assistants (NCCPA)
 - o Expiration: December 31, 2024

Professional Certifications:

- *Certified Associate in Healthcare Information and Management Systems (CAHIMS)*
 - o Healthcare Information and Management Systems Society
 - o Expired: May 2022
- *Certified Health Education Specialists (CHES®)*
 - o National Commission on Health Education Credentialing
 - o Expiration: October 2023
- *Distinguished Fellow of the American Academy of Physician Assistants (DFAAPA)*
 - o American Academy of Physician Assistants
 - o Expiration: Lifetime

Faculty Positions Held:

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| 2008 – 2009 | Clinical Instructor Department of Internal Medicine LSU Health Sciences Center Pineville, Louisiana |
| 2011 – 2012 | Gratis Faculty, Clinical Preceptor LSU Health Sciences Center Physician Assistant Program Shreveport, Louisiana |
| 2013 - 2014 | Consultant Lecturer Department of Physician Assistant Studies UT Southwestern School of Health Professions Dallas, Texas |
| 2014 - 2018 | Assistant Professor Department of Physician Assistant Studies UT Southwestern School of Health Professions Dallas, Texas |
| 2019 | Assistant Professor Department of Family Medicine Morehouse School of Medicine Atlanta, Georgia |

- 2019 - 2023 Assistant Professor
Department of Family Medicine, MEDEX Northwest
Seattle, Washington
- 2023 - present Associate Professor
Department of Family Medicine, MEDEX Northwest
Seattle, Washington

Hospital Positions Held:

- 2008 – 2009 Physician Assistant, LSU Health Sciences Center –
Huey P. Long Medical Center, Pineville, Louisiana
- 2009 – 2010 Physician Assistant, Rheumatic Disease Clinic
Houston, Texas
- 2010 – 2011 Physician Assistant, Primary Care Specialists, LLC
Alexandria, Louisiana
- 2011 – 2012 Physician Assistant, Willis Knighton Health Systems
Shreveport, Louisiana
- 2012 – 2015 Physician Assistant, Department of Internal Medicine
UT Southwestern Medical Center, Dallas, Texas
- 2016 – 2018 Physician Assistant, Global Diabetes
Parkland Health and Hospital Systems, Dallas, Texas
- 2020 - current Physician Assistant, Department of Family Medicine
UW Primary Care – Northgate
Seattle, Washington

Current (non-UW) Employment: N/A

Honors:

- 2017 Pi Alpha (Physician Assistant Honor Society)
- 2018 UT Southwestern Leadership Emerging in Academic
Departments (LEAD) Program for Junior Faculty
Physicians and Scientists
- 2018 Physician Assistant History Society Mini-Oral History
Feature (<https://vimeo.com/301903688>)
- 2018-2022 The Honor Society of Phi Kappa Phi
- 2019 Morehouse School of Medicine Leadership Fellow

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| 2020 | Physician Assistant Education Association Member Stories Feature (https://paeaonline.org/our-work/member-stories/12204) |
| 2020-2021 | PA Foundation – Breitman-Dorn Research Fellow |
| 2021 | Texas Woman’s University Graduate Student Council Pioneering Spirit Award – Doctoral Student Award of Excellence |
| 2021 | Physician Assistant Education Association Networker Feature (https://paeaonline.org/resources/public-resources/paea-news/daytheon-sturges-shares-his-why-for-becoming-a-paea-workshop-facilitator) |
| 2021 | UW Department of Family Medicine 50 th Anniversary Speaker Series – Invited Speaker (https://familymedicine.uw.edu/50th-anniversary/) |
| 2021 | Baylor College of Medicine Center of Excellence – Health Equity Training & Research Appreciation Award |
| 2021 | NCCPA PA Spotlight – LGBTQIA+ Advocacy and Allyship (https://nccpacc.us.newsweaver.com/nccpa-news-august-2018/2xwjv3it9se1bv5w9ul2x5?email=true&lang=en&a=1&p=6973321&t=196241) |
| 2021-present | Physician Assistant Education Association Rising Star Award |
| 2021-present | Distinguished Fellow of the American Academy of Physician Associates |
| 2021-2022 | University of Washington School of Medicine Rising Leaders Inaugural Cohort |
| 2022 | Commencement Speaker – LSU Health School of Allied Health Professions – August 2022 |
| 2022 | JEDI Excellence Award – UW Department of Family Medicine |
| 2022 | LSU Health Alumnus of the Year |
| 2023 | American Academy of Physician Associates Diversity Award |

Current License to Practice:

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| 2019 - present | Physician Assistant Washington State Department of Health |
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Diversity, Equity, and Inclusion Activities:

Justice, Equity, Diversity, and Inclusion (JEDI) serve as the focal point of my career and manifests in all aspects of my professional, research, clinical, and academic contributions. This section frames my JEDI career highlights. Full descriptions can be seen in the corresponding CV sections.

DEI Faculty Leadership Positions

- Vice Chair – JEDI (Department of Family Medicine)
- Associate Program Director – Regional Affairs, JEDI (MEDEX Northwest)

DEI Honors

- JEDI Award of Excellence (Department of Family Medicine)

DEI Professional Organizations

- African Heritage PA Caucus (American Academy of Physician Assistants)
- LBGT PA Caucus (American Academy of Physician Assistants)
- American Public Health Association
- National Association of Diversity Officers in Higher Education
- National Association of Minority Medical Educators
- Society of Public Health Educators

DEI Special responsibilities

1. 2015 – present
Facilitator – Project Access
Physician Assistant Education Association; Washington, D.C.
Project Access is an outreach recruitment program that aims to encourage high school students from underrepresented minority groups to consider the PA profession as a career.
2. 2018 – 2021
Feature Editor – Justice, Equity, Diversity, & Inclusion (Cultural Perspectives)
Journal of Physician Assistant Education; Washington D.C.
3. 2019 - present
Co-Chair – Justice, Equity, Diversity, and Inclusion (JEDI) Committee;
University of Washington – Department of Family Medicine
4. 2020 – present
Chair – Diversity and Inclusion Mission Advancement Commission
Physician Assistant Education Association; Washington, D.C.
5. 2020 – present
Mentor – African Heritage/LBGT PA Caucus Student Leader Fellowship
American Academy of Physician Assistants, Washington, D.C.
The purpose of the fellowship is for leaders in medicine to reflect the communities served by the PA profession. The jointly-sponsored fellowship program supports PA students who identify as Black or of African heritage, as well as LBGT, and who desire service through leadership.

DEI Contributions

1. *2020 – present*
Developed and implemented diversity and inclusion new student orientation
University of Washington – MEDEX Northwest
2. *2020*
National DEI Toolkit Development (full description in Other Publications section; Fleming S, **Sturges D**, Bester V, et al.). Diversity, Equity, and Inclusion Best Practices. This is a nationally disseminated document that offers guidance to PA programs on successfully meeting ARC-PA Standard A1.11 “The Diversity Standard.”
3. *2020 - present*
Plan and facilitate PAEA National DEI Virtual Townhalls
4. *2021 - present*
Mentor – National Society of Black Physician Assistants, Pittsburgh, Pennsylvania Mentorship to create a culturally responsible PA workforce that adequately represents global diversity, and focusing on eradication of health disparities especially in Black communities.
5. *2021 – present*
Developer and Co-Chair – Anti-Racism Committee
University of Washington – MEDEX Northwest
6. *2021*
Development of JEDI Statement
University of Washington – MEDEX Northwest
7. *2021*
Co-development of Anti-Racism Statement and Values
University of Washington – MEDEX Northwest
8. *2021*
Diversity, Equity, and Inclusion Subject Matter Expert
Physician Assistant Education Association
9. *2021 - current*
Recruitment and Retention of Students from a Historically Black College/University (HBCU): A Targeted Approach (The Claflin University Pipeline Program) – Feature Speaker
The purpose of this program is to establish a pipeline for undergraduate underrepresented minority students in science and to prepare students at a HBCU to explore the career of Physician Assistant Studies.

Professional Organizations:

- 2003 - Present Alpha Phi Alpha Fraternity, Inc. – Life Member status
- 2006 - Present American Academy of Physician Associates
- 2014 - Present Physician Assistant Education Association - Commission Chair
- 2018 - Present African Heritage Physician Assistant Caucus – Treasurer

- 2018 - Present Louisiana Tech University African-American Alumni Association
- 2019 - 2022 Healthcare Information and Management Systems Society
- 2020 - 2021 Collaborative Family Healthcare Association
- 2021 – Present LBGT Physician Assistant Caucus
- 2021 – Present Washington Academy of Physician Assistants – CME Committee
- 2022 – Present American Public Health Association
- 2022 – Present Society of Public Health Educators
- 2022 – Present National Association of Minority Medical Educators
- 2022 – Present National Association of Diversity Officers in Higher Education
- 2023 – Present Virginia Association of Minority PAs

Teaching Responsibilities:

- 2011 – 2012 **LSU Health Sciences Center**
Clinical preceptor, PYAS 6574 – Clinical Externship
- 2013 – 2014 **UT Southwestern School of Health Professions**
Facilitator, MPA 5305 – Patient Evaluation I
Facilitator, MPA 5206 – Patient Evaluation II
- 2014 - 2018 **UT Southwestern School of Health Professions
Clinical Coordinator**
Lecturer, MPA 5101 – Professional Practice Issues I
- *Health Policy, Health Systems, & the PA Perspective*
Course director, MPA 5422 – Women’s Health
Course director, MPA 5430 – Psychiatry

Course director, MPA 5451 – Infectious Disease
Advisor, MPA 5450 – Directed Study (36 students total)

Course director/Lecturer, Clinical Orientation Week
- *Women’s Health Simulation*
- *EPIC Electronic Medical Record Simulation*
- *Conflict Resolution/Conflict Management*

Small group instructor, MPA 5102 – Integration Skills I

Lecturer/Course Director, MPA 5305 – Patient Evaluation I

- *Introduction to Patient Assessment*
- *Pulmonary Exam*

Block Leader (Hematology), MPA 5509 – Clinical Medicine I

Course director, MPA 5832 – Primary Care Preceptorship

Course director/Lecturer, MPA 5350 – Professional Practice Issues II

- *Cultural Awareness*
- *Ethics & Professionalism*
- *Resume Writing & Hospital Credentialing*

Facilitator/Lecturer, HCS 5106 – Professional Development

Coordinator, – PANCE Review Course

- *Endocrinology*
- *Rheumatology*

Lecturer, MPA 5510 – Clinical Medicine II

- *Vasculitis*
- *Idiopathic Inflammatory Myopathies*
- *Systemic Sclerosis*
- *Crystal-induced arthritis*
- *Sjogren's Syndrome*
- *Fibromyalgia*

2019 – 2019

**Morehouse School of Medicine
Founding Academic Director**

Course Developer/Director/Lecturer, PAS 615 – Introduction to Evidence Based Medicine

- *Introduction to EBM & the Evidence Based Practice Process*
- *Research Design*
- *Evaluating the Literature*
- *Statistical Methods*
- *Evidence Based Practice in Assessment, Diagnosis, Harm, Treatment, & Prevention*

2019 - present

**University of Washington School of Medicine - MEDEX Northwest
Vice Chair – JEDI; Associate Program Director – Regional Affairs,
JEDI; Interim Associate Program Director – Academic Affairs**

Small group lecturer/Proctor, MEDEX 553 – Basic Clinical Skills I

Small group lecturer/Facilitator, MEDEX 568 – Emergency
Medicine I

Small group lecturer/Facilitator, MEDEX 574 – Technical Skills II

Journal Club Facilitator, MEDEX 570, 571, 572 – Professional Role
Development I, II

Course Co-chair, Lecturer, MEDEX 552 – Pathophysiology for
Primary Care

- *Cohort-Based Learning (Didactics)*
 - o Pathophysiology of the Eye, Head, and Neck
 - o Cardiovascular Pathophysiology
 - o Neurological Pathophysiology
 - o Endocrinology Pathophysiology and Labs
 - o White Blood Cell Disorders
 - o Gynecologic and Breast Pathophysiology

Course Co-chair, Lecturer, MEDEX 554 – Adult Medicine I

- *Healthcare Maintenance and Disease Prevention*
- *Rheumatologic Disorders*
- *Diabetes Mellitus*
- *Cohort-Based Learning*
 - o Rheumatology
 - o Endocrine

Course Co-chair, Lecturer, MEDEX 556 – Maternal and Child Health I

- *Cohort-Based Learning*
 - o Pediatric Ear, Nose, and Throat

Course Co-chair, Lecturer, MEDEX 562 – Maternal and Child Health II

Course Co-Chair, Lecturer, MEDEX 570, 571, 572 – Professional
Role Development I, II, III

- *Health Care Disparities*
- *Cohort-Based Learning (Didactics)*
 - o Health Care Disparities

Course Co-chair, Lecturer, MEDEX 555 – Adult Medicine II

- *Healthcare Maintenance and Disease Prevention*
- *Cohort-Based Learning (Didactics)*
 - o Cardiac I, II, III, IV, V
 - o Pulmonary I, II, III
 - o Neurology I, II, III

- Midterm Review
- Gastrointestinal I, II, III
- Genitourinary

Lecturer, MEDEX New Student Orientation
 - *Justice, Equity, Diversity, and Inclusion*
 - *Impostor Phenomenon*

Lecturer, MEDEX Transition Week
 - *Justice, Equity, Diversity, and Inclusion Update*
 - *The Intersection of Impostor Phenomenon and Burnout*

Course Chair, Lecturer, MEDEX 541 – Public Health & Preventive
 Medicine
 - *Social Determinants of Health*

Course Co-Chair (2020), Advisor, MEDEX 581, 582, 583, 584 –
 Capstone I, II, III, IV

Current Mentorship:

General Student Advising to 21 students (didactic & clinical phase)

Editorial Responsibilities:

- 2018 – 2021 Feature editor – Justice, Equity, Diversity, & Inclusion (Cultural Perspectives), *Journal of Physician Assistant Education*
 As a part of my editorial duties, I also wrote feature editor notes preceding each of the articles published in the JEDI (Cultural Perspectives) section of the *Journal of Physician Assistant Education* totaling eight feature editor notes, which serve as an introduction to each respective article.
- 2022 – present Editorial Advisory Board, *Journal of Physician Assistant Education*
 Advise and provide guidance, recommendations, and insights from the PA education community to help steer the direction of the journal. The editorial board provides input on a variety of issues related to the journal and is responsible for developing annual objectives and key results that align with and advance PAEA’s strategy.
- 2023 – present Editorial Board, *Journal of Family Communication*
 Special issue – “Communication in Black Families.” Review and curate data-based manuscripts and critical reflection manuscripts for inclusion.

Special National Responsibilities:

- 2015 - 2017 Member, Project Access Sub-Committee, Physician Assistant Education Association
- 2017 - 2019 Member, Diversity & Inclusion Mission Advancement Commission, Physician Assistant Education Association
- 2018 - present Peer reviewer, *Journal of Physician Assistant Education*
- 2019 - 2019 Member, PAEA End of Curriculum™ exam Special Workgroup, Physician Assistant Education Association
- 2019 - present Facilitator, Physician Assistant Education Association Faculty Skills 101 Workshop
- 2020 - present Member, Central Application Service for Physician Assistants Workgroup, Physician Assistant Education Association
- 2020 - present Chair, Diversity & Inclusion Mission Advancement Commission, Physician Assistant Education Association
- 2020 - present Mentor, African Heritage/LGBT PA Caucus Student Fellowship, American Academy of Physician Assistants
- 2021 - present Mentor, National Society of Black Physician Assistants
- 2021 - 2021 Awards Committee, American Academy of Physician Assistants
- 2021 - present Education forum peer reviewer, Physician Assistant Education Association
- 2021 Editor-in-Chief Search Committee, *Journal of Physician Assistant Education*
- 2021 - present House of Delegates Representative (Alternate), American Academy of Physician Assistants
- 2021 - present Treasurer, African Heritage Physician Assistant Caucus
- 2021 - present Peer reviewer, SAGE *Journal of Medical Education and Curriculum Development*
- 2021 - 2022 Constituent Relations Workgroup, American Academy of Physician Assistants

2022 - present Peer reviewer, *Journal of the American Board of Family Medicine*

2022 - present Member, Physician Assistant Foundation Strategic Plan Committee

Special Local Responsibilities:

2014 – 2018 Educational Technology Advisory Council
UT Southwestern School of Health Professions

2014 – 2018 Committee on Student Progress
UT Southwestern School of Health Professions
Department of Physician Assistant Studies

2014 – 2018 Admissions Committee
UT Southwestern School of Health Professions
Department of Physician Assistant Studies

2015 – 2018 Faculty Assembly Executive Council
President-elect, Chair - Nominating sub-committee
UT Southwestern School of Health Professions

2015 – 2018 Interprofessional Development, Education, and Active Learning Faculty
Committee
UT Southwestern School of Health Professions

2016 – 2018 Dallas/Fort Worth Area Health Education Center – Applicant Awareness
Enrichment Program Council
UT Southwestern School of Health Professions

2016 – 2018 Primary Care Preceptorship Curriculum Committee – Chair
UT Southwestern School of Health Professions
Department of Physician Assistant Studies

2017 – 2018 Physician Assistant Week Planning Committee
UT Southwestern Medical Center

2017 – 2018 Roles and Responsibilities Committee
UT Southwestern School of Health Professions
Department of Physician Assistant Studies

2017 – 2018 Quality Improvement Committee – Team Leader
UT Southwestern School of Health Professions
Department of Physician Assistant Studies

2018 – 2018 Martin Luther King, Jr. Scholarship for Community Service Committee
UT Southwestern Medical Center

- 2019 – 2019 Curriculum Committee
Morehouse School of Medicine – Office of Physician Assistant Studies
- 2019 – 2019 Admissions Committee
Morehouse School of Medicine – Office of Physician Assistant Studies
- 2019-present Justice, Equity, Diversity, and Inclusion Committee – Co-Chair
UW School of Medicine – Department of Family Medicine
- 2019-present Admissions Outreach Committee
UW School of Medicine – MEDEX Northwest
- 2019-present Chair’s Advisory Committee
UW School of Medicine – Department of Family Medicine
- 2019-present Evaluation and Assessment Committee
UW School of Medicine – MEDEX Northwest
- 2019-present Student Progress Committee
UW School of Medicine – MEDEX Northwest
- 2019-present Admissions Committee
UW School of Medicine – MEDEX Northwest
- 2019-present Curriculum Committee
UW School of Medicine – MEDEX Northwest
- 2020-present Didactic Chairs Committee
UW School of Medicine – MEDEX Northwest
- 2020-present Executive Leadership Committee
UW School of Medicine – MEDEX Northwest
- 2020-present University of Washington – Faculty Senate
School of Medicine – Department of Family Medicine Senator
- 2020-present Faculty Council on University Relations – Elected member
UW School of Medicine
- 2020-present Site Directors Committee – Chair
UW School of Medicine – MEDEX Northwest
- 2020 Sports Medicine Faculty Search Committee
UW School of Medicine – Department of Family Medicine

- 2020 50th Anniversary Virtual Happy Hour Planning Committee
UW School of Medicine – Department of Family Medicine
- 2021-present Anti-Racism Committee – Co-Chair
UW School of Medicine – MEDEX Northwest
- 2021-present Return to Work Taskforce
UW School of Medicine – Department of Family Medicine
- 2022-present Annual Family Medicine Conference Planning Committee
UW School of Medicine – Department of Family Medicine

Research Funding:

- 2020-2021 Breitman-Dorn Research Fellowship
Physician Assistant Foundation
“Perceived Burnout among Underrepresented Minority Physician
Assistant Educators in the United States”
Role: *Principal Investigator*
\$4000.00
- 2021-present Department of Health & Human Services, SAMHSA / “Integration
of DATA Waiver Training into the UW MEDEX NW PA Program
to Expand Access to MAT for Opioid Use Disorder.”
Role: *JEDI Director*
\$374,239

Bibliography:

a) Manuscripts in refereed journals

1. **Sturges D**, Race matters in physician assistant education and clinical practice. *J Physician Assist Educ.* 2017;28(2):109-112. PMID: 28471935
2. **Sturges D**, Imposter phenomenon and underrepresented minorities: What PA educators need to know. *J Physician Assist Educ.* 2018;29(2):126-128. PMID: 29683917
3. **Sturges D**, Laprocido G, Gallegos I, et al. The influence of health educators in clinical settings: addressing social determinants of health. *J Physician Assist Educ.* 2018;29(4):239-243. PMID: 30461589
4. Alexander DL, **Sturges D**. Underrepresented minority PA faculty mentorship: it takes a village. *J Physician Assist Educ.* 2019;30(2):122-124. PMID: 31124811

5. Nagasawa P, Harris T, Bester VS, Bolden A, Tshuma L, Ryujin D, Murray D, Brown S, **Sturges D**. “I can't breathe.” – courageous conversations and responses to racism in physician assistant education. *J Physician Assist Educ*. 2021;32(2):127-130. PMID: 33966006
6. Frizell CA, Barnett JS, Coleman VL, Ard D, Jackson TL, Salahshor S, Collett D, **Sturges D**. Fewer words, more action: cultivating an anti-racist environment strategies/solutions (CARES) framework for physician assistant education. *J Physician Assist Educ*. 2021;32(4):272-276. PMID: 34817435
7. **Sturges D**, Patterson DG, Bennett IM, Cawse-Lucas J. Can family medicine’s counterculture history help shape an anti-racist future? *J Am Board Fam Med*. 2022;35(1):169-172. PMID: 35039423
8. **Sturges D**, Cawse-Lucas J, Ryujin D, Rodriguez JE, Howell-Stampley TS, Tran B, Honda T. We can do better. *JAAPA*. 2022;35(4):14-15. PMID: 35532747
9. Frizell CA, Caruthers K, **Sturges D**. Intentional mentoring of healthcare provider students from underrepresented groups in medicine. *Medical Science Educator*. 2023. doi:10.1007/s40670-023-01804-0
10. Honda T, **Sturges D**, Mills D, Yuen CX, Chitwood R, Rodriguez JE. Predictors of applicant pool diversity among physician assistant education programs: a national cross-sectional cohort study. *BMC Medical Education*. [Under Review].

b) Collaborative Authorship: N/A

c) MedEDPortal or other peer reviewed curricula: N/A

d) Book Chapters: N/A

e) Published books, videos, software, etc.

1. **Sturges D**. Contributor. “Mastering CASPA, the interview process, and PA school.” *The PA Process*. 2020 May. <https://anchor.fm/thepaprocess/episodes/Mastering-CASPA--Interviews---PA-School-with-Daytheon-Sturges-eefoau>
2. Caruthers K, **Sturges D**, Fleming S, Gardner J. Contributor. “Anti-racism in PA education – part 1.” *Airwaves and Educators*. 2020 June. <https://airwavesandeducators.libsyn.com/17-antiracism-part-i>
3. Caruthers K, **Sturges D**, Fleming S, Gardner J. Contributor. “Anti-racism in PA education – part 2.” *Airwaves and Educators*. 2020 July. <https://airwavesandeducators.libsyn.com/airwaves-and-educators>

4. Caruthers K, **Sturges D**, Fleming S, Gardner J. Contributor. “Anti-racism in PA education – part 3.” *Airwaves and Educators*. 2020 July. <https://airwavesandeducators.libsyn.com/ae-part-iii>
5. Maday K, **Sturges D**. Contributor. “Best Practices in Mentorship.” *Airwaves and Educators*. 2020 July. <https://airwavesandeducators.libsyn.com/24-best-practices-in-mentorship>
6. Mathis K, **Sturges D**, Middleton S, Taylor R. Contributor. “Black Physician Assistants Matter: A ‘JEDI’ Discussion.” *The Health Disparities Podcast*. 2021 February. https://www.movementislifecaucus.com/mil_podcast/black-physician-assistants-matter-a-jedi-discussion/
7. **Sturges D**, Fleming S. Contributor. “REPRESENT Summit!, DEI Initiatives in the PA Profession.” *NCCPA PA Insights Podcast*. 2022 October. <https://www.nccpa.net/videos/represent-summit-dei-initiatives-in-the-pa-profession/>
8. **Sturges D**, Pilson H, Jagneaux T, Johnson C. Co-host. “From Anti-Racism to Z-codes, following the JEDI Path to Health Equity.” *The Health Disparities Podcast*. 2023 March. https://www.movementislifecaucus.com/mil_podcast/from-anti-racism-to-z-codes-following-the-jedi-path-to-health-equity/

f) Other publications:

1. Ryujin D, **Sturges D**, Spackman J. (2020, May 27). Diversity and inclusion-centered PA programmatic response during the COVID-19 pandemic. *PAEA Networker*. <https://paeaonline.org/diversity-and-inclusion-centered-pa-programmatic-response-during-the-covid-19-pandemic/>
2. Fleming S, **Sturges D**, Bester V, et al. (2020, July). Diversity, equity, and inclusion best practices. *PAEA Learning*. <https://paea.edcast.com/pathways/diversity-equity-and-inclusion-toolkit/cards/7075175>

g) Manuscripts submitted:

1. Esrock L, **Sturges D**, Evaluation of novel in-class review techniques in physician assistant education. *J Physician Assist Educ*. 2017
2. **Sturges D**, The Black church and its pastor as a community partner in health education and health promotion interventions targeting African-Americans: a brief literature review. *Health Educ Behav*. 2017

h) Abstracts:

1. **Sturges D**, Kindratt, T, Coleman V. Pop Culture and Physician Assistant Education. Poster presented at University of Texas Kenneth I. Shine Academy of Health Science Education, Austin, TX. February 2016.
2. **Sturges D**, Kindratt T, Coleman V. Pop Culture and Physician Assistant Education. Poster presented at UT Southwestern Academy of Teachers, Dallas, TX. April 2016.
3. **Sturges D**, Kindratt T, Coleman V. Pop Culture and Physician Assistant Education. e-Poster Session - American Academy of Physician Assistants Annual Conference, Las Vegas, NV. May 2017.
4. **Sturges D**, Kindratt T, Coleman V. Pop Culture and Physician Assistant Education. UT Southwestern – School of Health Professions Research Poster Day, Dallas, Texas. August 2017.
5. Esrock L, **Sturges D**. Evaluation of Novel In-Class Review Techniques in Physician Assistant Education. UT Southwestern – School of Health Professions Research Poster Day, Dallas, Texas. August 2017.
6. Esrock L, **Sturges D**. Evaluation of Novel In-Class Review Techniques in Physician Assistant Education. Physician Assistant Education Association Education Forum, Denver, Colorado. October 2017.
7. **Sturges D**. Upward Mobility Sponsorship Program. 1ST Annual LEAD Capstone Poster Session & Networking Event, UT Southwestern Medical Center, Dallas, Texas. November 2018.
8. Tshuma L, **Sturges D**, Scott T. Caring for Integrated Care Teams & Trainees: Addressing Imposter Syndrome and Burnout in an Evolving Healthcare Paradigm, Collaborative Family Healthcare Association Virtual Conference. October 2020.
9. **Sturges D**. Perceived Burnout among Underrepresented Minority Physician Assistant Educators in the United States, University of Washington School of Medicine – Department of Family Medicine Fair & Scholarship Forum. April 2022.
10. Sethi M, **Sturges D**. Racial Disparities in Treatment and Outcomes of Pediatric Type 1 Diabetes Mellitus. e-Poster Session - American Academy of Physician Assistants Annual Conference, Indianapolis, IN. May 2022.
11. Sethi M, **Sturges D**. Racial Disparities in Treatment and Outcomes of Pediatric Type 1 Diabetes Mellitus. National Commission on the Certification of Physician Assistants REPRESENT! Summit, Atlanta, GA. September 2022.

12. **Sturges D.** Perceived Burnout among Underrepresented Minority Physician Assistant Educators in the United States. American Academy of PAs Annual Conference, Nashville, TN. May 2023.
13. Parker T, **Sturges D.** Exploring the Entry-Level PA Doctorate: Perceived Benefits, Barriers, and Implications. American Academy of PAs Annual Conference, Nashville, TN. May 2023.
14. **Sturges D.** Perceived Burnout among Underrepresented Minority Physician Assistant Educators in the United States. Physician Assistant Education Association Education Forum, New Orleans, LA. October 2023. [ACCEPTED]

Invited talks, including CME Presentations:

a) National/International:

1. **Sturges D.** "Pathways to Education." Physician Assistant Education Association Education Forum. Denver, CO. October 2017.
2. Salinas H, Henderson K, Dekat L, **Sturges D.** Implementation of Exxat Evaluation Component. Cohere 2018 – Exxat User Conference, Anaheim, CA. October 2018.
3. **Sturges D.** Scott T. Impostor Phenomenon's Sabotaging Effects on Underrepresented Minority PA Students, Physician Assistant Education Association Education Forum, Anaheim, CA. October 2018.
4. **Sturges D.** Scott T. Impostor Phenomenon's Sabotaging Effects on Underrepresented Minority PA Students, American Academy of Physician Assistants Annual Forum, Denver, CO. May 2019.
5. **Sturges D.** Burwell N, Loheny K. Become a Champion! Leveraging Leadership Skills to Inspire Action around Diversity and Inclusion, Physician Assistant Education Association Education Forum, Washington, DC. October 2019.
6. Tshuma L, **Sturges D.** Escalante J, Mayo D. The Power of Narrative in Our Leaky Pipeline, Physician Assistant Education Association Education Forum, Washington, DC. October 2019.
7. **Sturges D.** Greenlee Q, Tshuma L, Bruessow D, Bates R. Toward Health Equity: Social Determinants of Health and PA Education, Physician Assistant Education Association Education Forum, Virtual Conference. October 2020.
8. **Sturges D.** Tshuma L, Brown S, Nagasawa P, Bester V. A Way Forward: A Roadmap for Diversity, Equity, and Inclusion, Physician Assistant Education Association Education Forum, Virtual Conference. October 2020.

9. **Sturges D.** The Role of Social Determinants of Health in Clinical Practice and Subsequent Health Outcomes, American Academy of Physician Assistants, Diversity, Equity, and Inclusion CME Webinar Series. December 2020.
10. **Sturges D.**, Greenlee Q, Tshuma L, Bruessow D. Toward Health Equity: Social Determinants of Health and PA Practice, American Academy of Physician Assistants Annual Forum, Virtual Conference. May 2021.
11. **Sturges D.**, Yuen C, Hills K, Mealy K, Ziegler O. Creating a Roadmap for Diversity, Equity, and Inclusion, American Academy of Physician Assistants Annual Forum, Virtual Conference. May 2021 [Accepted, deferred until further notice]
12. **Sturges D.** Toward Health Equity Using Social Justice as the Roadmap: Becoming a JEDI Warrior! Baylor College of Medicine 4th Annual Health Equity Summer Research Symposium, Virtual Conference. May 2021.
13. **Sturges D.**, Bolden A, Nagasawa P, Ryujin D. Bringing it all Together: Leveraging the DEI Toolkit to Promote Inclusive Excellence. Physician Assistant Education Association DEI Webinar Series. Virtual. September 2021.
14. **Sturges D.** The Intersection of Impostor Phenomenon and Burnout – Addressing Special Clinician Populations. American Academy of Physician Assistants Annual Forum, Indianapolis, IN. May 2022
15. **Sturges D.**, Scott T, Collett D, Barnett J. Untold Stories of John Henryism: Being Black in the PA Profession. American Academy of Physician Assistants Annual Forum, Indianapolis, IN. May 2022
16. **Sturges D.** Toward Health Equity Using Social Justice as a Roadmap: Becoming a JEDI Warrior! American Academy of Physician Assistants Annual Forum, Indianapolis, IN. May 2022
17. Greenlee Q, **Sturges D.** Combining Theory and Practice: How Understanding Patient Behavior Can Improve Health Outcomes. American Academy of Physician Assistants Annual Forum, Indianapolis, IN. May 2022
18. **Sturges D.**, Howell-Stampley T, Fleming S, Alaribe C, Villarreal E. Antiracism Panel. National Commission on the Certification of Physician Assistants REPRESENT! Forum, Atlanta, GA. September 2022
19. **Sturges D.** Laying the Foundation for Anti-racist Academic Institutional Policies – Establishing a Road Forward Together. Boston University School of Public Health – Towards Antiracist Academic Institutions: Next Steps, Boston, MA. September 2022

20. Bowden A, Essien U, Kornbluh M, **Sturges D.** Antiracism in Academia Panel. Boston University School of Public Health – Towards Antiracist Academic Institutions: Next Steps, Boston, MA. September 2022
21. **Sturges D.**, Scott T, Collett D, Barnett J, Lobe M. Untold Stories of John Henryism: Being Black in PA Education. Physician Assistant Education Association Education Forum, San Diego, CA. October 2022
22. **Frizell C.**, Barnett J, Jackson T, **Sturges D.**, Coleman V. No More Excuses: The CARES Framework in Action. Physician Assistant Education Association Education Forum, San Diego, CA. October 2022
23. Hudak N, **Sturges D.**, Quella A, Everett C, Coplan B, Dehn R. Peer Reviewing Research Articles for PA Journals. Physician Assistant Education Association Education Forum, San Diego, CA. October 2022
24. **Sturges D.** Intergenerational Trauma and its Effects on Stress, Coping, and Mental Health Outcomes. Touro University Current Trends in Mental Health Conference, Anderson, CA. November 2022
25. **Sturges D.** Laying the Foundation for Anti-racist Institutional Policies. Movement is Life Caucus, Washington, DC. November 2022
26. **Sturges D.**, Barnett J, Collett D. Continuing the Conversation: Sojourner Syndrome in Black Women PAs and Patients, American Academy of Physician Assistants Annual Forum, Nashville, TN. May 2023
27. **Sturges D.**, Greenlee Q. PA Burnout, Stress, and Coping: Recommendations for Organizational Success, American Academy of Physician Assistants Annual Forum, Nashville, TN. May 2023
28. Bolden A, **Sturges D.** Exploring Determinants of the Determinants: Health Policy Influences Health Outcomes, American Academy of Physician Assistants Annual Forum, Nashville, TN. May 2023
29. Greenlee, **Sturges D.** Combining Theory and Practice: Understanding the Impact of Community Health on Patient Outcomes, American Academy of Physician Assistants Annual Forum, Nashville, TN. May 2023
30. Frizell C, **Sturges D.**, Caruthers K. Crucial Conversations: Intentional Mentoring of PAs from Underrepresented Groups in Medicine from New Graduate and Throughout Clinical Practice, American Academy of Physician Assistants Annual Forum, Nashville, TN. May 2023

31. Coplan B, **Sturges D**, White R, Bradley-Guidry C, et al. Diversity, Equity, and Inclusion in PA Education: A Review of the Evidence for What Works. Physician Assistant Education Association Webinar Series. Virtual. January 2023.
32. **Sturges D**, Greenlee Q, Coleman V, Smith C. PA Educator Burnout, Stress, and Coping: Recommendations for Organizational Success. Physician Assistant Education Association Education Forum, New Orleans, LA. October 2023. [ACCEPTED]
33. Garino A, **Sturges D**, Al Achkar M. What Lies Beneath: An Introduction to Qualitative Research Methods. Physician Assistant Education Association Education Pre-Forum Workshop, New Orleans, LA. October 2023. [UPCOMING]

b) Regional

1. **Sturges D**. Make room for Rheum! Rheumatology in General. Presented at North Louisiana Academy of Physician Assistants Fall Mini-Conference, Shreveport, LA, November 2011.
2. **Sturges D**. Make room for Rheum! Rheumatology in General. Presented at Louisiana Academy of Physician Assistants State Primary Care Conference, New Orleans, LA, April 2012.
3. **Sturges D**. Renal Medullary Carcinoma: A Rare Tumor Affecting People of Color. Presented at LSU Health Sciences Center, Shreveport, LA, December 2012.
4. **Sturges D**. Make room for Rheum! Rheumatology in General. Presented at Tennessee Academy of Physician Assistants Annual Conference, Gatlinburg, TN, October 2014.
5. **Sturges D**. "Food: Friend or Foe." Texas A&M AgriLife Extension – 4-H Youth, Dallas, TX, December 2015.
6. **Sturges D**. "Cultural Awareness." LSU Health Sciences Center, Shreveport, LA, June 2016.
7. **Sturges D**. "Cultural Diversity & Sensitivity." El Centro College, Dallas, TX, July 2016.
8. **Sturges D**. "Cultural Awareness." LSU Health Sciences Center, Shreveport, LA, May 2017.
9. **Sturges D**. "Rheumatology – Part 1." University of North Texas Health Sciences Center, Ft. Worth, TX, June 2018.

10. **Sturges D.** "Rheumatology – Part 2." University of North Texas Health Sciences Center, Ft. Worth, TX, June 2018.
11. **Sturges D.** "Cultural Awareness." LSU Health Sciences Center, Shreveport, LA, June 2018.
12. **Sturges D.** Rheumatology Review for the Primary Care PA, Texas Academy of Physician Assistants Fall CME Conference, Fort Worth, TX. August 2018.
13. **Sturges D.** "Express Talk on Leadership." Physician Assistant Education Association Leadership Lab, Atlanta, GA, August 2019.
14. **Sturges D.** The Rheumatology Quiz Show: A Review for the Primary Care Physician Assistant, Louisiana Academy of Physician Assistants CME Conference, New Orleans, LA, September 2019.
15. **Sturges D.** "Cultural Awareness." LSU Health Sciences Center, Shreveport, LA (Virtual), June 2020.
16. **Sturges D.** "Rheumatology – Part 1." University of North Texas Health Sciences Center, Ft. Worth, TX (Virtual), September 2020.
17. **Sturges D.** "Rheumatology – Part 2." University of North Texas Health Sciences Center, Ft. Worth, TX (Virtual), September 2020.
18. **Sturges D.** "Research Ethics & Scientific Integrity." Drexel University, Philadelphia, PA (Virtual), February 2021.
19. **Sturges D.** Impostor Phenomenon's Sabotaging Effects, The Alaska Health Education Summit, Anchorage, AK, March 2021.
20. **Sturges D.** Impostor Phenomenon and Burnout: Is There a Relationship among Clinicians?, Alaska Academy of Physician Assistants' "Here Comes the Sun" Clinician Wellness Conference, Virtual Conference. April 2021.
21. **Sturges D.** Underrepresented Minorities in Medicine and Burnout, Alaska Academy of Physician Assistants' "Here Comes the Sun" Clinician Wellness Conference, Virtual Conference. April 2021.
22. **Sturges D.** Their Eyes were and STILL are on the Prize: Family Medicine and America's JEDI History, University of Washington - Department of Family Medicine 50th Anniversary Speaker Series, Seattle, WA, April 2021.
23. **Sturges D.** Impostor Phenomenon and Burnout. Does Intersectionality Exist? African Heritage Physician Assistant Caucus, Virtual Seminar. May 2021.

24. **Sturges D.** Leadership Moment. Recruitment and Retention of Students from a Historically Black College/University (HBCU): A Targeted Approach (The Claflin University Pipeline Program), Virtual Seminar. November 2021.
25. **Sturges D.** “Research Ethics & Scientific Integrity.” Drexel University, Philadelphia, PA (Virtual), February 2022.
26. **Sturges D.** “Commencement Address.” LSU Health School of Allied Health Professions, Shreveport, LA. August 2022.
27. **Sturges D.** “The Construct of Race and Associated Unconscious Bias.” DeSales University, Center Valley, PA (Virtual), March 2023.

c) Local:

1. **Sturges D.** “Black History Month: The Narrative Project.” UW Department of Family Medicine Faculty Meeting. University of Washington School of Medicine, Seattle, WA, February 2022.
2. **Sturges D.** “Juneteenth.” UW Department of Family Medicine Justice, Equity, Diversity, and Inclusion Committee Lunch and Learn. University of Washington School of Medicine, Seattle, WA, June 2022.
3. **Sturges D.** “Resist! Soundtrack of Black History.” UW Department of Family Medicine Justice, Equity, Diversity, and Inclusion Committee Lunch and Learn. University of Washington School of Medicine, Seattle, WA, February 2023.

National Media Coverage

1. PA Education Association News. “Preparing for the New ARC-PA Diversity and Inclusion Standard.” July 2020. <https://paeaonline.org/resources/public-resources/paea-news/preparing-for-the-new-arc-pa-diversity-and-inclusion-standard>
2. PA Education Association News. “Daytheon Sturges Shares his ‘Why’ for Becoming a PAEA Workshop Facilitator.” April 2021. <https://paeaonline.org/resources/public-resources/paea-news/daytheon-sturges-shares-his-why-for-becoming-a-paea-workshop-facilitator>
3. American Academy of Physician Associates News Central. “5 Ways to Incorporate Social Determinants of Health to Improve Patient Care.” July 2021. <https://www.aapa.org/news-central/2021/07/5-ways-to-incorporate-social-determinants-of-health-to-improve-patient-care/>

4. PA Education Association News. "PA Students Prioritize Cultural Training and Inclusive Spaces in PA Education at Town Hall." August 2021. <https://paeaonline.org/resources/public-resources/paea-news/pa-students-prioritize-cultural-training-and-inclusive-spaces-in-pa-education-at-town-hall>
5. Medscape Medical News. "How to Work Toward Health Equity in Medicine." May 2022. <https://www.medscape.com/viewarticle/974559>
6. PA Education Association News. "PAEA Awards make a Difference to those who they Recognize." April 2023. <https://paeaonline.org/resources/public-resources/paea-news/paea-awards-make-a-difference-to-those-who-they-recognize>
7. Becker's Healthcare ASC Review. "6 opportunities to shift from burnout to organizational success, per PA leaders." May 2023. <https://www.beckersasc.com/asc-news/6-opportunities-to-shift-from-burnout-to-organizational-success-per-pa-leaders.html>
8. American Academy of Physician Associates News Central. "2023 Diversity Award Recipient is a Change Agent Focused on Representation and Health Equity." May 2023. <https://www.aapa.org/news-central/2023/05/2023-aapa-diversity-award-recipient-is-a-change-agent-focused-on-representation-and-health-equity/>
9. Clinical Advisor. "AAPA 2023 Annual Award Winners Announced." May 2023. <https://www.clinicaladvisor.com/home/meeting-coverage/aapa-2023/aapa-2023-award-winners/>

Other employment: N/A